

**AMENDMENT TO ABSTRACT**

*Please amend the Abstract as follows:*

**ABSTRACT**

An adjustable bed including a laterally tiltable platform, a tilt mechanism that tilts the platform laterally, and a load-applying unit. The load-applying unit ~~that~~ applies, in a state in which the platform is tilted within a predetermined angle range during operation of the tilt mechanism, a load to the platform in a direction that suppresses an expansion of the tilt angle, ~~[[,]] so as to~~ This can prevent one of a compression load and a tension load exerted on the tilt mechanism by the platform from reversing to the other load type. The adjustable bed may be structured so that the predetermined angle range includes a tilt angle. At the tilt angle, ~~at which~~ a gravitational center of the platform during the tilt operation traverses a vertical line containing a rotational center of the platform with the load-applying unit in a non-operational state.